

MRS ZINZISWA RABE

COUNCIL MEMBER

BRIEF PROFILE:

Mrs Rabe is an Experienced Professional Nurse with a comprehensive background in healthcare and a track record in leadership. Adept at providing high-quality patient care, she honed her skills in patient assessment, care planning, and team coordination.

Throughout her nursing career, she has been committed to delivering compassionate and culturally sensitive care.

In addition to her clinical expertise, she has demonstrated strong leadership abilities through various political roles.

Her passion for advocacy and community engagement, has driven her to take on significant responsibilities, including serving as a former member of the Eastern Cape Provincial Legislature. In these roles, she successfully led initiatives, influenced policy changes, and represented the interests of her constituents.

Her dual background in healthcare and political leadership enables her to address complex challenges with a holistic approach, ensuring both the well-being of patients and the advancement of community health objectives.

She is dedicated to fostering collaborative environments and driving positive change at both the individual and societal levels.

Dependable and reliable in supporting and enabling team effort to produce genuine long term sustainable development.

EXPERIENCE:

MEMBER OF PROVINCIAL LEGISLATURE
EASTERN CAPE PROVINCIAL LEGISLATURE | BISHO
2019 MAY – 2024 MAY

WORK DESCRIPTION:

As a Member of the Eastern Cape Provincial Legislature, her responsibilities included:

Providing oversight work over EC government departments to see and ensure that they are implementing policies and departmental plans accordingly.

Providing leadership with regards to chairing responsibilities in Committee meetings.

Providing leadership roles in the Parliamentary Constituency Office she was deployed to.

On her duties as a Member of the Eastern Cape Provincial Legislature serving on the Health Portfolio Committee, she was responsible for monitoring and evaluating the implementation of health policies and programs within the province.

This role involved scrutinizing the work of the provincial health department to ensure effective service delivery and statutory compliance. As members they engaged in reviewing proposed health legislation, conducting oversight visits to health facilities, and assessing budget allocations to ensure they align with health priorities.

She also gathered public input and concerns related to health services, facilitating communication between constituents and health authorities to improve healthcare outcomes.

She worked collaboratively with other committee members to develop recommendations for improving healthcare delivery and addressing challenges in the health sector and was also responsible for advocating for the constituents' health interests, facilitating community involvement, and ensuring transparency and accountability within the healthcare sector.

She was appointed in the following Legislature Committees:

- Chairperson of Special Programmes Unit Standing Committee
- Member of Health Portfolio Committee
- Member of Office of the Premier Portfolio Committee
- Member of Women's Caucus Standing Committee
- Member of Public Participation, Petitions and Education Committee
- Member of Public Works Portfolio Committee

PARLIAMENTARY LIAISON OFFICER

EASTERN CAPE DEPARTMENT OF ECONOMIC DEVELOPMENT, ENVIRONMENTAL AFFAIRS AND TOURISM

| BISHO

2018 JULY – 2019 MAY

WORK DESCRIPTION.

As a Parliamentary Liaison Officer for the Eastern Cape Department of Economic Development, her primary responsibility was to act as a bridge between the department, in particular the MEC and the Legislature.

Key duties included monitoring parliamentary activities, such as sessions and committee meetings that pertain to economic development policies and programs.

She was tasked with updating departmental leaders on relevant legislative changes, proposals, and debates that could impact policies or initiatives.

She worked closely with MPLs, providing them with timely and accurate information from the department that they can use during parliamentary discussions. This involved compiling reports, preparing briefing notes, and ensuring that responses to parliamentary questions are drafted accurately and submitted promptly.

MANAGER
CLINPATH LABORATORIES
MTHATHA

2016 NOVEMBER – 2018 JUNE

WORK DESCRIPTION:

As a manager, her primary duty was to oversee both administrative and clinical responsibilities of the lab.

She supervised daily and coordinated the daily activities of the phlebotomy team scheduling staff shifts, assigning tasks and ensuring that all team members adhere to established protocols and guidelines for patient care and blood collection.

She also trained new staff and conducted ongoing education to ensure everyone is up to date with the latest techniques and safety standards.

PROFESSIONAL NURSE
PEFFERVILLE CLINIC | EAST LONDON, BUFFALO CITY METRO DISTRICT
2012 FEBRUARY -2016 SEPTEMBER

WORK DESCRIPTION:

She was responsible for providing comprehensive care and support to pregnant women, new mothers, and patients with minor ailments and chronic conditions. This involved assessing, planning, and implementing individualized care plans to ensure the health and well-being of both mothers and patients with chronic diseases.

One of her key duties was conducting thorough assessments of patients' health status by checking vital signs, medical histories, and any relevant information to inform care decisions.

She educated patients on managing their health conditions, promoting healthy behaviors, and encouraging adherence to treatment regimens.

She was also responsible for managing ongoing treatment plans, monitoring medication compliance, and facilitating communication between patients and healthcare providers to address any complications or concerns.

She implemented standards, practices criteria and indicators for quality nursing where she actively engaged in the health education maintaining a plan to improve the

quality of nursing and health care by proper examining, diagnosing and treatment of patients.

She maintained a constructive working relationship with nursing staff and other stakeholders where there is active participation in health promotion and illness prevention initiatives by giving health talks.

She practiced nursing health care in accordance with laws and regulations relevant to nursing and health care, where protecting and advocating for patients' rights regarding health care by providing health education and advice regarding treatment and options of medical care.

COMMUNITY SERVICE NURSE

NU 1 CLINIC | MDANTSANE, BUFFALO CITY METRO DISTRICT

FEBRUARY 2011 - 2012 FEBRUARY

WORK DESCRIPTION

As a community service nurse, her role involved providing comprehensive care to diverse patient populations.

She was an all-rounder in terms of her work as she was gaining experience in the primary health care clinic.

She was responsible for conducting patient assessments, administering medications and providing health education to patients which enhanced her clinical skills and knowledge.

Working in the clinic allowed her to collaborate closely with other healthcare professionals, fostering a team-based approach to patient care which was a crucial exercise in developing effective treatment plans and ensuring high quality care.

EDUCATION

GRADE 12

EXCELSIOR COMPREHENSIVE SCHOOL
2001

BACHELOR OF NURSING SCIENCE

UNIVERSITY OF FORT HARE
2010

POST GRADUATE DIPLOMA IN PUBLIC MANAGEMENT

UNIVERSITY OF WITWATERSRAND

2024

MASTERS IN PUBLIC HEALTH

FOUNDATION FOR PROFESSIONAL DEVELOPMENT

CURRENTLY ENROLLED

SKILLS:

- ❖ Critical Thinking: Ability to quickly assess situations and make informed decisions in high pressure environments.
- ❖ Time Management: Proficient in managing multiple responsibilities and prioritizing tasks to ensure efficient patient care.
- ❖ Communication Skills: Strong verbal and written communication skills for effectively interacting with patients, families, and healthcare teams.
- ❖ Team Collaboration: Experience working in multidisciplinary teams to deliver comprehensive patient care
- ❖ Adaptability: Flexible in adapting to new protocols, technologies, and environments.

NON SIBI SED POPULO
NOT FOR ONESELF ... BUT FOR THE PEOPLE

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